



EDUCATE



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ENCOURAGE

BITS

JULY - SEPTEMBER

SESSION 2024-25

VOLUME II

EMPOWER





I Love My India

*In the land of the free, where diversity reigns,
I find my home, where love and pride remain,
India, my India, a nation so grand,
Where strength of character and excellence stand.*

*A good citizen, I strive to be,
With a heart that beats for my nation's destiny,
I stand tall with a spirit so bright,
And face each challenge with courage and might.*

*Knowledge is power, and I seek to gain,
The wisdom to guide, and the skills to sustain,
I read, I learn, I grow, and I share,
To empower myself, and those who care.*

*With passion in my heart, and fire so intense,
I strive for excellence with mind's presence,
I work hard, innovate, and create,
To make a difference and elevate my state.*

*In my community, I find my place,
Where love and unity fill every space,
I participate, contribute, and give,
To build a society where all can thrive.*

*And so, my India, I love thee so dear,
A nation of dreams where all can appear,
I serve, I give, I do my best,
To build a nation where all can rest.*

*I love my India with all my might,
And strive to make a difference, day and night,
With strength, knowledge, and passion displayed,
Together we'll thrive, united and unafraid.*

*Major General Dr Dilawar Singh
(Executive Chairman)*

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Message from The Director's Desk

"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful."

– Albert Schweitzer

Dear Readers,

With great pride and a heart full of gratitude, I pen this reflection on yet another extraordinary chapter in the journey of MRG School. As we continue our pursuit of excellence, we carry with us the vibrant memories of recent accomplishments and the joy that these milestones have brought to our community.

Our Investiture Ceremony unfolded as a grand celebration of leadership and responsibility. The newly elected student council took their place on stage, embodying the spirit of service, determination, and solidarity. With each badge of honor carefully pinned, these young leaders pledged their commitment to guiding MRG School towards a future brimming with success, carrying forward the core values that bind us.

August stirred our souls with the reverence for patriotism as we marked Independence Day celebrations with grace and enthusiasm. The campus came alive with deep-rooted cultural performances and inspiring speeches. It was a stirring tribute to our nation's glorious heritage, a reminder of the collective strength and unity that drives us forward.

As seasons turned, we honored the torchbearers of wisdom on Teachers' Day. Our educators, the true architects of our students' success, were celebrated for their unshakable dedication and boundless passion. The joy and reverence that poured from our students' tributes stood as a testament to the deep respect we hold for our guiding lights.

This quarter, our students also brought laurels to MRG School with their spectacular performances at the Zonal events and Inter-School competitions. Be it sports or cultural contests, their outstanding achievements illuminated the values of perseverance and passion that our school nurtures. These moments of triumph reflect the harmony between the potential of our students and the guidance of mentors, a synergy that makes our school a shining beacon of talent and innovation.

As you explore the pages of this edition of MRG BITS, immerse yourself in these stories of growth, unity, and success. Together, with the unwavering support of our parents, the dedication of our students, and the tireless efforts of our remarkable staff, we will continue to craft a future filled with hope and opportunities.

With Warm Regards,
Rajjath Goel
(Director)



Message from The Principal's Podium

"Education is the most powerful weapon which you can use to change the world."

– Nelson Mandela

Dear Readers,

In the ever-evolving fabric of the 21st century, education must become more than the mere pursuit of knowledge. It must be a force that ignites curiosity, nurtures innovation, and empowers our students to not only adapt but to flourish in a dynamic world. At MRG School, our mission transcends the ordinary; we believe in nurturing well-rounded individuals who are equipped to face the challenges of tomorrow.

This vision was exemplified during our recent Investiture Ceremony, where our young leaders stepped into their roles with grace, pride, and a deep sense of responsibility. Each badge pinned was not just a mark of leadership—it symbolized the beginning of a journey to inspire, guide, and lead with integrity. As our newly elected Head Boy, Head Girl, and the student council took their oaths, they embraced the spirit of our school's values, standing ready to chart the course for collective growth and success. Their journey reflects our school's unwavering dedication to cultivating leadership, fostering critical thinking, and building resilience.

Independence Day painted another memorable chapter, with the air thick with the spirit of patriotism and pride. Heartfelt speeches, mesmerizing cultural performances, and a reverent homage to our nation's heroes marked the day. The essence of freedom and responsibility resonated deeply, reminding us all of the importance of honoring our past while actively contributing to a brighter future. Through this, we sought to instill a profound respect for our country's legacy while motivating our students to shape its future.

Teachers' Day filled our school with joy, gratitude, and appreciation. Students showered their mentors with heartfelt tributes, a true reflection of the immense impact our teachers have on their lives. This celebration served as a beautiful reminder of the pivotal role that teachers play, not just as educators, but as shapers of character and visionaries of the future. Their dedication goes beyond textbooks, as they mold the hearts and minds of tomorrow's leaders.

Our students continue to shine brilliantly, especially in the Zonal events, where they have brought home a treasure trove of accolades. Be it debates, cultural performances, or athletic triumphs, these victories speak volumes of their hard work, perseverance, and the holistic education they receive at MRG School. Each achievement, more than a symbol of victory, embodies the very competencies we aim to instill—teamwork, creativity, leadership, and unwavering passion.

Dear parents, we warmly invite you to walk alongside us on this transformative journey. Together, we can craft an educational experience that not only empowers our children to navigate the complexities of the 21st century but to thrive and lead!

Warm Regards
Ms. Anshu Mital
(Principal)



Celebrating Excellence In Education



We are proud to announce that MRG School has been awarded the prestigious title of 'Best School' in the category of 'Best Curriculum Design Adaptation' in the North School Survey conducted by Education Today. This recognition celebrates our commitment to innovative and student-centric learning approaches, further affirming our dedication to shaping a transformative educational experience for all our learners.

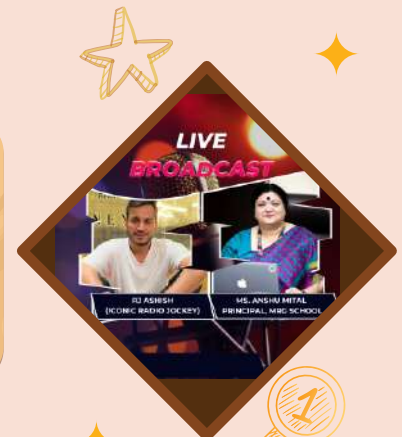


With immense pride and joy, we are thrilled to announce that our respected Principal, Ms. Anshu Mital, has been bestowed with the prestigious '40th Dr. S. Radhakrishnan Memorial National Teacher Award 2024' on the occasion of National Teachers' Day. Among only seven distinguished educators selected for this honor, Ms. Mital's recognition is a tribute to her unwavering dedication, visionary leadership, and outstanding contributions to the field of education.



Ms. Anshu Mital, our revered Principal, has been bestowed with the esteemed Savitribai Phule Samman 2024 by Indraprastha School Sahodaya & Delhi Sahodaya Schools Complex. This prestigious recognition honors her exceptional contributions to educational initiatives, fostering collaboration, growth, and a nurturing environment that continues to elevate the standards of learning and holistic development within our community.

MRG School is delighted to share that our esteemed Principal, Ms. Anshu Mital, was featured on Radio FM 104.8 in honor of Teachers' Day. Her insightful words and inspiring presence resonated deeply with listeners, earning an overwhelming response! This feature is a proud reflection of her impact on education.



We are delighted to announce that Ms. Ruchi Gupta, Senior Academic Coordinator, and Ms. Ayushi Jain, TGT Mathematics and Inter School Events Head, have been honored with the prestigious PAAI-Dr. Sarvepalli Radhakrishnan Excellence Award 2023-24. This esteemed recognition, presented at Maharishi University of Information Technology, Noida, celebrates their exceptional dedication and invaluable contributions to the field of education. Their passion for fostering academic excellence and shaping young minds continues to inspire and uplift our school community.



Ms. Ankita Sinha, our esteemed Elementary Teacher, has been honored with the prestigious Teacher at Par Excellence Award from IIHM on this Teachers' Day. This well-deserved recognition celebrates her unwavering dedication and outstanding contributions to the education and development of our young learners. Her remarkable impact on the academic community is truly commendable and serves as a source of inspiration to all.

Amidst the symphony of knowledge, Our Elementary Teacher, Ms. Sucharita Mehta, has composed an inspiring opus. Her relentless dedication has earned her the prestigious Savitribai Phule Award from Indraprastha School Savodhya on this Teachers' Day. This esteemed recognition stands as a testament to her radiant contributions to education, guiding us with the light of wisdom!

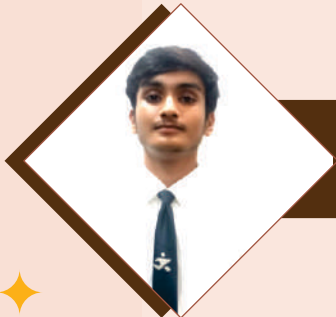


Ms. Sanjana Bhalla, PGT Commerce, has been awarded the esteemed Maa Jijabai Shikshak Award by the Forum of Public Schools and Vishwaroop Society in September 2024. This prestigious accolade celebrates her exceptional contribution to education and unwavering commitment to academic excellence. We extend our heartfelt congratulations on this distinguished honor.

We are delighted to announce that our dedicated teachers—Ms. Latika Sharma, Ms. Kanika Sharma, Ms. Deepa Sharma, Ms. Khushboo Gupta, Ms. Swati Jain, Ms. Sanjana Bhalla, Mr. Kunal Anand and Ms. Surbhi Singh—have been recognized with the esteemed Urjaa Global Educators Award. This honor, presented by Padmashree Shri Jitendra Singh Shunty on September 22, 2024, celebrates their outstanding contributions to education and inspires us all.



Torchbearers of MRG



ABHAY KUMAR
(SR. HEAD BOY)



SAANJH SETH
(SR. HEAD GIRL)



AMAV SAINI
(JR. HEAD BOY)



CHITRANSHI GARG
(JR. HEAD GIRL)

Junior Student Council

S. NO	SCHOOL POSITIONS	NAME OF STUDENT	CLASS
1	SPORTS CAPTAIN	NABHYANSH ANAND	V D
2	DISCIPLINE CAPTAIN	RAVYA TOHAN	V D
3	ENVIRONMENT CAPTAIN	SANVEE MANGLA	V C
4	CULTURAL CAPTAIN	MIHIKA BACHHUKA	V C
5	HOUSE CAPTAIN EXCELLENCE	SHOURYA VERMA	V B
6	HOUSE CAPTAIN INTEGRITY	CHERIKA KAUR VERMA	V B
7	HOUSE CAPTAIN EMPATHY	DEVANSHI SHARMA	V A
8	HOUSE CAPTAIN COURAGE	RIDHIMA DUDEJA	V B
9	TECH CAPTAIN	RUDRA JAIN	V D
10	COMMUNITY OUTREACH CAPTAIN	ATHENA BHARDWAJ	V D



Senior Student Council

S. NO	SCHOOL POSITIONS	NAME OF STUDENT	CLASS
1	VICE HEAD BOY	SHIVANSH VERMA	XII A
2	VICE HEAD GIRL	KANISHKA AGGARWAL	XII B
3	CULTURAL CAPTAIN BOY	AGRIM JAIN	XI B
4	CULTURAL CAPTAIN GIRL	PAYAL GOYAL	XI B
5	TECH CAPTAIN BOY	DIVYAM AGARWAL	XI A
6	TECH CAPTAIN GIRL	ISHITA AGARWAL	XI A
7	ED BOARD CAPTAIN BOY	CHAITANYA YADAV	XI A
8	ED BOARD CAPTAIN GIRL	PYORA TANEJA	XII B
9	SPORTS CAPTAIN BOY	UDAY CHAWLA	XI C
10	SPORTS CAPTAIN GIRL	CHARVI MEHTA	XI A
11	ENVIRONMENT CAPTAIN BOY	SAMARTH AGGARWAL	X C
12	ENVIRONMENT CAPTAIN GIRL	TANISHQ	XI A
13	DISCIPLINE CAPTAIN BOY	SOHUM BINDAL	XI B
14	DISCIPLINE CAPTAIN GIRL	ANUSHKA HANDA	XI A
15	COURAGE HOUSE CAPTAIN BOY	SAANIDHYA KUMAR	XI A
16	COURAGE HOUSE CAPTAIN GIRL	KRIKA GOEL	XI B
17	EMPATHY HOUSE CAPTAIN BOY	MANMAY MEHTA	XI B
18	EMPATHY HOUSE CAPTAIN GIRL	KHUSHI GOEL	XI B
19	EXCELLENCE HOUSE CAPTAIN BOY	TANISH AGGARWAL	XI B
20	EXCELLENCE HOUSE CAPTAIN GIRL	KASHISH KHATUJA	XI C
21	INTEGRITY HOUSE CAPTAIN BOY	NAITIK	X B
22	INTEGRITY HOUSE CAPTAIN GIRL	KANAK AGARWAL	XI C
23	COMMUNITY OUTREACH CAPTAIN BOY	VIVAAN GARG	X A
24	COMMUNITY OUTREACH CAPTAIN GIRL	SURBHI JAIN	XII B
25	CULTURAL PREFECT - INTEGRITY HOUSE	RADHIKA JAIN	IX B
26	CULTURAL PREFECT - EMPATHY HOUSE	KARTIK KAPOOR	X C
27	CULTURAL PREFECT - EXCELLENCE HOUSE	MANSHA ROY	X B
28	CULTURAL PREFECT - COURAGE HOUSE	RANNVEER SINGH GROVER	X A
29	DISCIPLINE PREFECT - INTEGRITY HOUSE	HANSHIKA SHOKEEN	X C
30	DISCIPLINE PREFECT - EMPATHY HOUSE	DAMYA JAIN	X C
31	DISCIPLINE PREFECT - EXCELLENCE HOUSE	DHERYA PRAKASH	IX C
32	DISCIPLINE PREFECT - COURAGE HOUSE	SIDDID BHARDWAJ	X A
33	SPORTS PREFECT - INTEGRITY HOUSE	ISHLEEN KAUR	X B
34	SPORTS PREFECT - EMPATHY HOUSE	GURVANS SODHI	X B
35	SPORTS PREFECT - EXCELLENCE HOUSE	KRIKA JAIN	IX C
36	SPORTS PREFECT - COURAGE HOUSE	RISHAV RATHORE	IX A
37	ENVIRONMENT PREFECT-INTEGRITY HOUSE	VIHAAN GOEL	X C
38	ENVIRONMENT PREFECT-EMPATHY HOU	AVISHA JAIN	IX A
39	ENVIRONMENT PREFECT-EXCELLENCE HOUSE	EISHAAN PATHAK	X C
40	ENVIRONMENT PREFECT -COURAGE HOUSE	YASHIKA NAGAR	IX B
41	HOUSE PREFECT -INTEGRITY HOUSE	CHAEK DALMIA	IX C
42	HOUSE PREFECT - EMPATHY HOUSE	SIMRAN JAIN	IX C
43	HOUSE PREFECT- EXCELLENCE HOUSE	DAKSHESH GAUTAM	X A
44	HOUSE PREFECT- COURAGE HOUSE	YUKTI JINDAL	X C





Janmashtami



Independence Day



Living and Non-Living Things



International Tiger Day



Our Universe



World Nature Conservation Day



World Elephant Day



National Sports Day

A Chronicle of Inspiring Assemblies





Van Mahotsav



Never Give Up



Good Habits



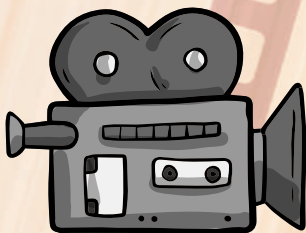
हिंदी भाषा और हम



Time Management



Responsible Production and Consumption



Kargil Diwas



World Population Day



Biodiversity

TIMELESS TIDINGS

Independence Day

MRG School's Independence Day celebration was a profound homage to the spirit of freedom, elevated by the distinguished presence of army personnel, Major General Pramod Saigal and Major Mohd. Ali Shah. Their esteemed participation added a deep sense of reverence and honor to the occasion.

The event was further graced by the presence of two eminent sports coaches, Dr. Sanjay Bhardwaj and Dr. Ajay Kumar Bansal, whose contributions lent an air of prestige and inspiration. Our students expressed their patriotism through vibrant performances, while our honored guests imparted wisdom and reminded us of the enduring significance of this historic day.

The school's Investiture Ceremony was a highlight, where student leaders were officially bestowed with their responsibilities, donning their badges with pride and committing to uphold the values of the institution. This was followed by the Student Award Ceremony, recognizing the outstanding academic and extracurricular achievements of students from various grades. The day was a perfect blend of patriotism and recognition, leaving a lasting impression on both students and teachers.



Investiture Ceremony



Award Ceremony



A Celebration of Love and Brotherhood @Prime Minister's House

In a memorable and esteemed occasion, the students of our school had the honor of visiting the residence of the Prime Minister to celebrate the auspicious festival of Raksha Bandhan. With a sense of pride and reverence, the students tied sacred Rakhis to our honourable Prime Minister, symbolizing the cherished bond of protection and unity. The Prime Minister graciously interacted with the students, emphasizing the values of mutual respect, care, and responsibility that Raksha Bandhan embodies. By tying rakhis to the nation's leader, the students not only celebrated the festival but also expressed their trust and faith in the leader's commitment to safeguarding the nation's well-being. The event was a profound experience for the students, marking a significant moment in their lives as they celebrated this traditional festival with the nation's leader, fostering a spirit of harmony and national pride.



Teachers' Day



The celebration of Teachers' Day at school was a heartwarming tribute to the dedication and influence of our educators. The event featured a range of student performances, including heartfelt songs, energetic dances, and insightful skits, all created to honor and appreciate the teachers' contributions. In addition, special titles were awarded to teachers in recognition of their exceptional commitment and impact, adding a personal touch to the festivities. The celebration not only showcased the students' creativity and gratitude but also fostered a sense of mutual respect and admiration, making the day both memorable and meaningful for the entire school community.



The Kaleidoscope of Knowledge



Blue-tiful Day: Embracing the Color Blue!

Our little learners dressed in shades of blue created jiggly jellyfish crafts, adding a splash of creativity to their day. They also brought blue objects from home, sharing and discussing them during circle time, making it a vibrant and engaging celebration of the color blue.



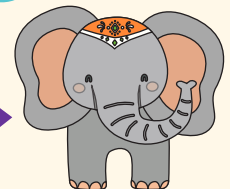
Thank You, Doctors: A Tribute to Lifesavers

Doctor's Day was celebrated with sincere appreciation for doctors, featuring engaging sessions with healthcare professionals. At the same time, elementary students explored oral hygiene, gaining insights into its importance and learning effective maintenance practices. This event fostered awareness of health and encouraged young students to adopt healthy habits.



Trunk Tales

Nursery students celebrated Elephant Day with creative elephant-themed crafts and fun movie sessions about elephants in the wild. It was a joyful and educational experience, sparking admiration for these magnificent creatures.



Emoji's Hopscotch

Emoji's Hopscotch was an exciting physical activity for kindergartners. In this fun game, they hopped through an emoji-themed layout, making the corresponding face at each landing spot, which added an extra layer of expression and enjoyment to the game.



The Ties That Bind

Nursery kids joyfully exchanged colorful friendship bands in class, symbolizing their growing bonds and shared joy. This simple act of tying bands highlighted their early understanding of connection and camaraderie in a playful and heartfelt way.

Global Tigers' Week

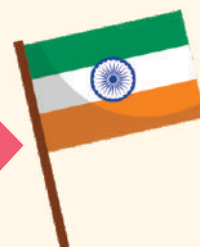
MRGians roared with excitement during Global Tigers' Week, celebrating India's national animal through a series of engaging activities. From crafting tiger masks and dressing up as these majestic creatures to learning fascinating facts about tiger conservation, the week was a fun-filled blend of creativity and education!





Green Vibes Only

Green Colour Day was a vibrant celebration of nature! Kids dazzled in their green outfits and enjoyed crafting adorable frogs. It was a day filled with learning and fostering appreciation for nature.



Echoes of Freedom

The Independence Day celebration was marked by creativity and excitement as elementary students engaged in crafting national symbols. They learned about the national fruit, bird, and flower while having fun, fostering a sense of national pride.



My Nutritious Plate

Our students delved into the world of healthy eating by crafting vibrant plates adorned with cutouts of fruits, vegetables, and wholesome foods. This engaging activity allowed them to explore and appreciate the benefits of a well-balanced, nutritious diet.



National Sports Day

Our little learners had a blast engaging in fun and exciting sports activities on National Sports Day! Our nursery class had a blast engaging in fun and exciting sports activities! From running races to playful obstacle courses, the children showcased their enthusiasm and teamwork. Their joy and energy made the day unforgettable, celebrating both their efforts and achievements in a vibrant and lively atmosphere.



Number Swat Fun

Our Nursery mathematicians had a blast with Number Swat, an engaging game to recap numbers 1-3. By rolling the dice and swatting the matching number, they practiced math skills in a hands-on and interactive way.



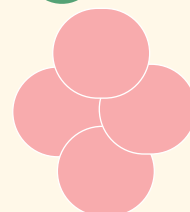
Celebrating Unconditional Love: Parents' Day

In celebration of National Parents Day, our preschoolers unleashed their creativity, designing beautiful photo cards and badges. With tiny hands and boundless imagination, they crafted these heartfelt treasures, filled with love and appreciation for their wonderful parents.



Pattern Power

The young learners explored various patterns, which greatly developed their pre-writing skills. This foundational activity effectively prepared them for writing the alphabet and numbers.





Race to Wellness: Fruits & Veggies Marathon

Our young champions sprinted through the Fruits & Veggies Marathon, racing to match colorful fruit and veggie cutouts at the finish line. This exciting event combined active fun with a lesson in healthy eating, promoting wellness and happiness in every step!



Rakhi Craft Extravaganza

Class nursery kids enthusiastically crafted and decorated rakhis, adding vibrant colors and unique personal touches. Their creative efforts transformed the classroom into a festive space, showcasing their artistic talents and excitement for Rakhi celebrations.



Exploring Seasons!

The curious Kindergarten explorers embarked on a gallery walk, uncovering the magic of seasonal changes: from the sizzling heat of summer to the frosty chill of winter, the blossoming flowers of spring, and the kaleidoscope of autumn leaf colors. Inspired by their discoveries, they crafted vibrant seasonal trees, bringing their learning to life with creativity and joy!



Supermarket Visit

Our pre-primary learners had an enriching experience during their visit to the supermarket! They explored everyday essentials, learned basic shopping concepts, and expanded their vocabulary. It was a perfect blend of hands-on learning and fun!



Wonder Time: Floral Magic

In the enchanting world of Wonder Time, children arrived with delicate white flowers from home, eager to explore the magic of science. Placing their blooms in water infused with food coloring, they witnessed a remarkable transformation. By the next day, the once-pure petals blossomed into radiant, vibrant hues, unveiling the beauty of capillary action in a fun and colorful experiment.



Yellow Colour Day: A Burst of Sunshine in Classrooms

What a vibrant sight it was! Children, dressed in shades of yellow, filled the day with energy and excitement as various yellow objects were explored and identified. The bright outfits brought a warm, sunny glow to the elementary classrooms, making the day cheerful and fun-filled!



Wonder Time: Walking Rainbow

Our young explorers were captivated as colors traveled through tissue paper, blending into vibrant new hues. This hands-on experiment sparked curiosity and creativity, teaching them the magic of color mixing and the science behind water absorption. Wonder Time truly brought science to life!





★ Wonder Time: Coloured Salt Experiment

Our kindergarteners delved into the wonder of colored salt painting, where salt absorbed watercolors to craft stunning textured masterpieces. Through this vibrant activity, they sharpened their fine motor skills while delighting in the magic of color mixing—a beautiful fusion of creativity and learning!



Creepy Crawly Sprint

The Creepy Crawly Sprint was a thrilling adventure where children raced alongside the fastest and most fascinating creatures of the insect world. Adorned with insect-themed headgear, the children fully immersed themselves in the excitement of the sprint.



Forever Tide

Forever Tide was a mesmerizing artwork symbolizing the unbreakable bond between parent and child. Through our guided activity, children were invited to explore their creativity, expressing the eternal flow of love and connection that ties families together.



Fun with Bundling

The little learners explored the concept of ones and tens using ice cream sticks. This interactive activity made math fun and accessible, transforming the learning process into an enjoyable experience, where abstract concepts became simple to understand!



Me on the Map

Our Kindergarten learners enjoyed locating themselves on the map while sharing fun facts about their lives. This interactive experience made geography personal and engaging, helping students connect with their surroundings and fostering a deeper understanding of the world around them.



My Reading Book

Our kindergarten students crafted reading flip books and delved into CVC word clusters. This interactive activity allowed them to practice reading aloud and refine their skills in forming and writing CVC words, making phonics learning an enjoyable and enriching adventure.



Number Name Treasure Hunt

Our little learners joyfully matched numbers with their alphabetical names, counted objects, and paired them with the corresponding digits. This interactive approach transformed learning numbers into a delightful and engaging experience, blending education with fun.



Pack the Travel Bags



Our kindergarten students were seen super delighted in the Pack the Travel Bags activity! They explored seasonal clothing, accessories, and foods while joyfully sorting and packing their bags. It was a playful journey of learning, where each child discovered the essentials for every season, making education a fun adventure.



शब्द निर्माण चक्र

इस गतिविधि में छात्रों ने वर्णमाला चक्र से खेल-खेल में शब्द निर्माण सीखा। छात्रों के शब्दकोष, उच्चारण तथा वाचन कौशल का विकास हुआ।



Name It, Claim It!

In a fun activity titled Name It, Claim It!, Grade I students sorted pictures into categories of names, places, animals, and things, placing them into designated naming clouds. The hands-on exercise sparked excitement and enhanced their understanding through interactive learning.



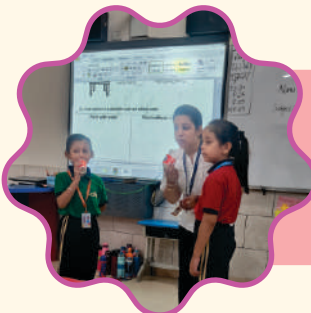
Sound Adventures

The learners of Grade I embarked on a journey of auditory exploration using various sound shakers. During this activity they distinguished between loud and quiet sounds, as well as soft and hard sounds, through interactive and enjoyable experiments. This hands-on experience helped them develop a deeper understanding of different sound qualities.



String Phone Exploration

The learners of Grade I created and used string phones to explore sound transmission. This hands-on activity effectively demonstrated how sound travels through different materials, making the learning process engaging and enjoyable while clearly illustrating the concept of sound transmission.



Exploring Mass with a Beam Balance

During this activity, Grade I students explored the concept of mass using a beam balance. They learned to compare the weight of various objects, achieve balance, and understand weight distribution. The hands-on experience sparked their enthusiasm and curiosity, making the learning process engaging and effective.



Let's Collect Data!

Grade I students delved into the basics of data handling through an engaging activity, mastering skills in data collection, organization, analysis, and interpretation. This hands-on experience helped them grasp how to manage information effectively and draw valuable insights.



Celebrating Friendship



Grade II students expressed their admiration by crafting vibrant, personalized badges for their friends. Each badge highlighted unique qualities, spreading appreciation and boosting confidence in a creative and meaningful way.



Roots and Wings: A Family Reflection

Grade II students delivered a heartwarming presentation on 'My Family,' celebrating their families' unique qualities. Through this engaging activity, they expressed their love and admiration, highlighting the special traits of their family members. It was a joyful and meaningful experience for all.



Legacy of Flag

In a vibrant group activity, Grade II students traced the Indian flag's evolution from its early designs to the present tricolor. This engaging exploration not only fostered teamwork but also enriched their understanding and appreciation of India's rich heritage.



बीजरोपण

कक्षा-२ के सभी छात्र और छात्राओं द्वारा 'बीजरोपण' गतिविधि की गई, जिसमें विद्यार्थियों ने विभिन्न प्रकार के बीज अंकुरण की प्रक्रिया के चरणों को सीखा।



मेरी प्यारी दादी: कार्ड गतिविधि

छात्रों ने दादी के प्रति प्रेम, सम्मान और उनकी भूमिका व्यक्त करने के लिए रचनात्मकता और कल्पनाशीलता का परिचय देते हुए कार्ड बनाया।



Natural vs. Man-Made Resources

Grade II students creatively explored natural and man-made resources through anchor charts, showcasing various examples. This engaging activity sparked innovation and deepened their understanding, allowing them to reflect on the differences between these resource types.



Push or Pull?

The little explorers ventured into an exciting journey of identifying forces of push and pull through an activity. They collected pictures of different objects and sorted them based on whether a push or pull was applied. This hands-on experience made learning fun and helped the students confidently grasp the concept of forces.





Prime Man

In a creative "Prime Man" activity to explore prime numbers, grade IV students assembled a figure using square cutouts for the body parts, highlighting the prime numbers in bold. This hands-on project allowed students to visually identify prime numbers and reinforced their understanding through a fun and artistic method.



Unleashing Energy

During an engaging educational visit to the Science Lab, fourth-grade students conducted an experiment on energy transfer. They observed how energy moves from hot water to a spoon, and were fascinated by their findings.



Carbon Capture

In a thrilling science experiment, our fifth-grade students embarked on a captivating journey of discovery. They carefully poured 100 ml of vinegar into a reusable bottle and added a pinch of ENO into a balloon. Once the balloon was placed over the bottle's opening, the magical reaction began, producing carbon dioxide that caused the balloon to inflate. The students were delighted, watching in awe as science came to life before their eyes.



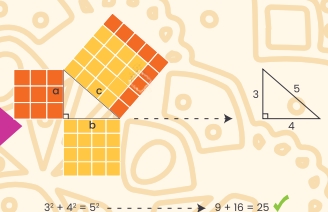
Sonic Discoveries

Exploring various areas of the school, including the atrium, playground, classroom, and library, fifth-grade students used a sound meter application to study sound vibrations. They carefully recorded their findings to compare and contrast how sound levels vary with location, deepening their understanding of acoustic differences across different environments.



Exploring the Pythagorean Theorem

Class VIII students explored the Pythagorean theorem by verifying it with various right triangles. Through hands-on activities, they discovered that the square of the hypotenuse always equaled the sum of the squares of the other two sides, enhancing their understanding of geometric relationships.



$3^2 + 4^2 = 5^2$ ----- $9 + 16 = 25$ ✓



Isometric Insights

Our Grade IX students delved into algebraic identities using the isometric drawing tool. Through hands-on experience, they built models on their systems, making the proof of algebraic identities engaging and insightful. It was remarkable to witness how technology enriched learning, simplifying complex concepts and enhancing their understanding.



Cartesian Canvas

Students of Grade X showcased their artistic talents by creating stunning paintings with a stained glass effect. By plotting pairs of linear equations on a Cartesian plane, they seamlessly integrated maths with art. The result was a beautiful display that merged creativity with learning, highlighting the intersection of mathematical precision and artistic expression.



FRENCH WEEK

The French Week commenced with vibrant enthusiasm as students eagerly exchanged French Week badges throughout the school campus. Their celebration resonated with creativity as they crafted intricate flashcards, detailed adverb charts, and stunning artworks, all showcased during the Parent-Teacher Meet. This immersive experience not only enriched their understanding of the French language but also deepened their appreciation for the rich culture of France, fostering a joyful spirit of learning and collaboration.



SOCIAL SCIENCE WEEK

Social Science Week at our school was an exciting and enriching experience for all students, filled with interactive activities designed to deepen their understanding of the world around them. Throughout the week, students actively participated in various events that brought history, geography and political science to life. Activities included a Model United Nations (MUN) session, a quiz competition focused on India's defense sector, and the creation of artworks such as Madhubani and Mandala art. Students also enjoyed a movie screening, featuring films on the Indigenous people of India and the Quit India Movement, which instilled a strong sense of national pride in everyone.

Subject Week Chronicles

संस्कृत सप्ताह

एम आर जी स्कूल में संस्कृत सप्ताह पूरे उत्साह के साथ मनाया गया और छात्रों ने सभी गतिविधियों में उत्साहपूर्वक भाग लिया। इस सप्ताह में हमने संस्कृत भाषा की विशिष्टता का उत्सव मनाने के लिए विभिन्न गतिविधियों का आयोजन करके संस्कृत साहित्य में महत्वपूर्ण घटनाओं पर भी विचार विमर्श किया गया। संस्कृत सप्ताह के अवसर पर, छात्रों ने कक्षा में एक संस्कृत कवि की एक कविता का पाठ किया। संस्कृत सप्ताह के दौरान बच्चों ने खुशी-खुशी विभिन्न गतिविधियों में भाग लिया। संस्कृत का महत्व हर जगह महसूस किया जाता है। संस्कृत सीखना सभी के आनंद का कारण है। हमारे विद्यालय में संस्कृत का महत्व सभी के हृदयों को छूता है।



हिन्दी सप्ताह

हिंदी भाषा छात्रों में रचनात्मकता, सर्जनात्मकता, आत्मविश्वास और जागरूकता का निर्माण कर उन्हें अपनी अभिव्यक्ति को प्रदर्शित करने का एक अवसर प्रदान करती है। हिंदी भाषा के महत्व को बढ़ाने के लिए हिंदी सप्ताह दिनांक 29 जुलाई से 2 सितंबर तक मनाया गया। हिंदी सप्ताह के अंतर्गत हिंदी कहानी मंचन, बाध मुखौटा, नाट्य मंचन और ज्ञान व मनोरंजन पर आधारित क्विज प्रतियोगिताएं आयोजित की गईं। छात्रों ने रूचिपूर्वक हिस्सा लेकर प्रतियोगिताओं का आनंद उठाया। जिससे छात्रों को अपने विचारों, भावनाओं और दृष्टिकोण को स्वतंत्रता से अभिव्यक्त करने का अवसर मिला इसके माध्यम से छात्रों में संवेदनशीलता, सकारात्मकता और नैतिकता के गुण का विकास हुआ।



A Toast to Togetherness

Janmashtami Celebration



The Janmashtami celebration at our school was a heartwarming event, where both parents and students came together to celebrate creativity and tradition. The program featured engaging activities like Matki decoration, Mandala art, allowing families to bond while showcasing their artistic talents. The Puppet Show event was a delightful highlight, with students participating as Radha and Krishna, bringing the divine characters to life through lively performances. Parents and students worked side by side, contributing to a vibrant atmosphere of collaboration and joy.

Kite Flying with Daddies

On Independence Day, our school hosted a delightful event where the fathers of our nursery students took to the skies with colorful kites. This special kite-flying activity not only celebrated our nation's freedom but also fostered a sense of community and joy among families. As the kites soared high, they painted a vibrant picture against the backdrop of a clear blue sky, symbolizing the boundless aspirations and dreams of our young learners. The event was a heartwarming reminder of the important role fathers play in nurturing their children's growth and creating cherished memories.



Aqua Fit Fiesta



A refreshing Aqua Zumba session was organized exclusively for our wonderful mothers, where they danced to upbeat rhythms in the sparkling waters of the pool. Combining fitness with fun, this lively aquatic workout left everyone energized and revitalized. The event not only boosted their well-being but also nurtured a sense of community and camaraderie among all participants, making it a memorable and invigorating experience for our beloved mothers.

Golden Bonds: Cherishing Grandparents' Day

MRC School joyfully celebrated Grandparent's Day, honoring the timeless bond between generations. The event was a heartfelt tribute to the wisdom, love, and care that grandparents bestow upon young hearts. With mesmerizing cultural performances, handmade tokens of gratitude, and shared stories of warmth, students expressed their love and admiration. The day was filled with laughter, nostalgia, and cherished memories, leaving every grandparent's heart touched. It was a beautiful reminder of the irreplaceable role grandparents play in shaping our lives.



The Learning Triangle: Faculty and Students in Action

FACULTY

LEARNER-CENTRIC PATHWAYS: A WORKSHOP ON HOLISTIC PROGRESS CARDS



We are delighted to share that Ms. Anshu Mital, Our respected Principal, attended an enlightening workshop at Mount Abu Public School, led by Dr. Praggya M. Singh, Director (Academics), CBSE, on the Holistic Progress Card (HPC) as recommended by NCF (FS) 2022 & NCFSE 2023. The session, organized by Indraprastha Schools Sahodaya and Delhi Sahodaya Schools Complex, emphasized a learner-centric evaluation model with 360-degree assessments, engaging teachers, students, and parents.

PARENTING WITH PURPOSE: STRATEGIES FOR STUDENT SUCCESS

We are pleased to share that Ms. Anshu Mital, Principal of our school, attended a CBSE workshop on Parenting for Student Well-Being held on 26th September 2024. Organized exclusively for principals and heads of schools, this insightful session focused on enhancing student well-being through effective parenting strategies. The workshop, hosted by CBSE, provided a platform to discuss innovative approaches in student welfare, aligning with the educational objectives of holistic development. The session emphasized the role of schools in fostering student well-being in partnership with parents.



NAVIGATING CAREERS WITH CONSCIENCE: RETHINKING COUNSELING IN CBSE SCHOOLS



Ms. Anshu Mital, our esteemed Principal, attended a transformative workshop for CBSE school counselors, focusing on evolving beyond traditional "test and tell" methods. The workshop emphasized nurturing self-reflection and decision-making skills early on, linking career choices to their societal impact. This progressive approach equips counselors to guide students towards meaningful, fulfilling career paths that foster both personal growth and social responsibility, ultimately enhancing their sense of self-worth and contributing to their overall well-being and development.



DESH AUR HUM 3.0



Our facilitator, Mr. Shubham Jain attended a Direct Tax Awareness workshop by NADT at Springdales School, Pusa Road. The session covered key concepts in direct taxes, including compliance, filing, tax laws, planning, and their role in nation-building. It also highlighted government schemes that promote tax compliance and offer benefits to taxpayers, like the e-filing portal, faceless assessment, and the Vivad se Vishwas scheme. The workshop provided valuable insights into financial management and tax savings for students.

ENTREPRENEUR EMPOWERMENT WORKSHOP

To share insights on teaching entrepreneurship skills in schools, ITL School, Dwarka hosted a workshop led by Sanjeeva Shivesh. Ms. Charu Tandon (PGT Economics) from attended and learned about problem-solving, risk-taking, and resilience. The session also highlighted the importance of research, opportunity seeking, and developing an entrepreneurial mindset. Emphasis was placed on setting clear learning objectives, measurable goals, and identifying students' core competencies.



SEL LANGUAGE CONCLAVE 2024



The MRG language teachers participated in the SEL Language Conclave 2024, connecting with educators from across India. Over two days, they explored topics such as multilingualism, heroism in language education, storytelling in learning, and integrating art into language studies. Led by experts including NCERT's Prof. Ramanujam, the conclave aimed to strengthen language education, support linguistic diversity, and foster cultural exchange. The sessions covered various aspects and dimensions of Hindi, English, and both regional and foreign languages.

NAVIGATING CHILD PROTECTION : POCSO AND JJA WORKSHOP

MRG School hosted a workshop led by Ms. Janhavi, which was attended by all the teachers. The session covered the Protection of Children from Sexual Offences (POCSO) Act, 2012, and the Juvenile Justice (JJ) Act, 2000. The workshop concentrated on understanding these legal frameworks, recognizing child sexual offences, and safeguarding child rights. It also focused on skill development for managing cases under these acts, including effective coordination with relevant agencies. Additionally, participants were trained to identify the signs and symptoms of sexual abuse in children. The session was highly impactful and informative.



UNDERSTANDING EMOTIONS : SUPPORTING STUDENT WELL BEING



At a workshop hosted by Modern Public School, Shalimar Bagh, several of our teachers participated in a session led by Dr. Aarti Bakshi, who emphasized the significance of recognizing students' emotions, fostering social awareness, and teaching interpersonal skills and self-control. She proposed various strategies, such as incorporating mindfulness in the classroom, promoting responsible decision-making, building resilience, and encouraging students to seek help. The session provided valuable insights and practical ideas for application in our classrooms.

CREATING CHILD-CENTERED LEARNING



Teachers at MRG attended an enlightening session by Ms. Neelam Srivastava on "Creating Child-Centered Learning." She explored key educational approaches, including Behaviourism, Constructivism, Humanism, and Cognitivism. Emphasizing "Active Learning," Ms. Srivastava highlighted concepts like generalization and reinforcement, offering valuable strategies to foster dynamic, learner-centered classrooms.



NORTH INDIA CAMBRIDGE COMMUNITY MEET

The Cambridge North India Community Meet at Excelsior American School, Gurugram, attended by Ms. Pallavi Jain, Middle School Coordinator, brought together educators, alumni, and stakeholders to foster collaboration and growth. The event featured insightful discussions on challenges in Cambridge schools, alongside breakout sessions on best practices. New initiatives like Pre-Service Training and Climate Quest were introduced, emphasizing commitment to enhancing education and sustainability.



STUDENTS



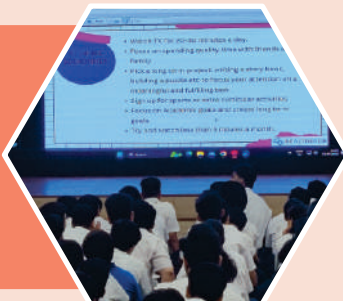
SCHOOL CINEMA - INTERNATIONAL FILM FESTIVAL



In a workshop on school cinema held by Vidya Bharti School, Rohini, five MRG middle school students, along with Ms. Swati Jain, studied film analysis, including narrative structure, visual style, and techniques, while exploring global perspectives and diverse cultures. The sessions offered insights into regular viewings and discussions of films from diverse cultures and periods, enhancing students' perspectives and developing their critical and creative skills. The workshop also outlined how these concepts could be integrated into teaching.

TECH WELLNESS

MRG School hosted a workshop on Gadget Addiction, designed to inform students about the effects of excessive gadget use on their mental, physical, and social well-being. Led by Ms. Ishika Singhal, the interactive session provided practical tips for managing screen time and emphasized the importance of a balanced lifestyle. She highlighted the supportive roles that parents, teachers, and peers play in promoting healthy gadget habits. Additionally, students in Grades IX-XII were encouraged to explore alternative activities and hobbies.



'ROAR' FOR AWARENESS



Grades IV and V students at MRG attended a workshop by Ms. Sanya and Ms. Dipti for Global Tiger's Day. They learned about tiger biodiversity and the relationship between tigers and Rufous Treepie birds, and were encouraged to support conservation efforts like WWF-India. The session included making tiger masks, which helped engage students and foster empathy for tigers, motivating them to advocate for conservation.



PATH TO PEACE : ENHANCING MENTAL WELLNESS

In response to rising mental health concerns among students, Ms. Neelam Srivastava led a session for Grade X, focusing on the significance of mental health. The session aimed to raise awareness about issues like anxiety, depression, and stress, offering coping strategies and stress management techniques. It also emphasized the role of communication skills in expressing emotions and included breathing exercises to help manage stress.



BRIGHT SMILES : ORAL HYGIENE WORKSHOP



To celebrate Doctor's Day, MRG School organized an oral hygiene workshop led by Dr. Manuj, where elementary students learned about common oral health issues in children, including cavities and tooth pain. They were also introduced to the timeline of tooth eruption and shedding. The session became even more engaging with the inclusion of parents, who attended alongside the students. The young learners actively participated in discussions and thoroughly enjoyed answering the doctor's questions.

PATHWAYS TO SUCCESS : NAVIGATING SUBJECT CHOICES

SEL expert Ms. Kusum led a workshop for Grade X students, clarifying the CS and IP curricula and objectives. The session highlighted potential career paths, skill development in areas like programming and data management, and techniques for assessing student interests. It also included insights into current technological trends.



DAASTAAN-E-DILLI



MRG students explored the social and artistic movements shaping modern theatre and dance in a workshop at the Shri Ram Center led by Ms. Prabhjot Singh Ahluwalia. They learned to apply discipline-specific skills in performance, collaborate in various theatrical contexts, and connect theatre and dance history with social contexts from both modern and pre-modern periods. The session enhanced their understanding of applying process skills in rehearsal, production, and classroom settings.

ANGER TO PEACE : TRANSFORMING YOUR EMOTIONS

Middle school students at MRG attended a workshop on anger management, learning how uncontrolled anger can affect academic performance, social relationships, and overall well-being. They were taught how anger impacts concentration and were provided with strategies for managing emotions, controlling reactions, and using exercises and meditation to balance stress and anger.



GUIDE4CAREERS



Grade X and XII students at MRG School participated in a career counseling workshop led by Mr. Rajesh Mishra, Founder Director of GUIDE4CAREERS. The session offered valuable insights into various career paths, facilitating students explore their interests, strengths, and potential options. It covered a range of streams and opportunities, equipping students with the knowledge to make more conversant decisions about their future educational and professional paths.



Pinnacles of Pride

Zonal Achievements

CONGRATULATIONS



Mr. Nikhil
Mentor

Jaivardhan
Grade - VI

Congratulations for securing third position in the event- 'light Music' in the junior boys category in Zone XIII Cultural competitions 2024-25

CONGRATULATIONS



Mr. Nikhil
Mentor

Prisha
Grade - VIII

We are so proud to announce that our student Prisha of grade VIII B bagged *Second position in SWAR Music zonal competition in junior girls category.

CONGRATULATIONS



Mr. Nikhil
Mentor

Jaivardhan
Grade - VI

Congratulations for second position in the event- 'Vocal music(Semi classical)' in the junior boys category in Zone XIII Cultural competitions 2024-25

CONGRATULATIONS



Ms. Sonia Tandon
Mentor

Anushka Sharma
Grade VIII C

Our student Anushka Sharma of Grade VIII C bagged 2nd position in Hindi extempore zonal competition in junior girls category.

CONGRATULATIONS



Mr. Narender
(MENTOR)

Rishabh Choudhary
Gold Medal -300 M (U17)
Silver Medal -1000 M (U17)

Manan Gupta
Silver- 800 M (U14)

Bhavya Rathi
Silver- 300 M (U14)

Aadit Bansal
Silver - 300 M (U14)

Shivam Duleery
Bronze Medal -1000 M (U18)

Outstanding Success at Zone XIII, Skating Zonal Competition!

CONGRATULATIONS



Ms. Nisha
(MENTOR)

1st Position (Gold Medal)
Arjun Kaushik - VII A
Rhythmic Yoga

2nd Position (Silver Medal)
Purni - VI B
Rhythmic Yoga

3rd Position (Bronze medal)
Ananya Srivastava - VII B
Artistic Yoga

We are thrilled to announce the incredible achievements of our students in the Yoga Zonal Competition!

CONGRATULATIONS



kaitlynn
Grade - VIII

Kaitlynn Rana for securing 3rd position in the U14 Girls category at the CBSE Shooting Tournament hosted by St. Froebel School!

CONGRATULATIONS



MR. DINESH KHANDA
(MENTOR)

(Silver Medal)
Gurvansh - X B

(Silver Medal)
Livanshi Singh- IX C

(Silver Medal)
Ishleen kaur - X B

(Bronze Medal)
Aarav Kamra - X A

We are thrilled to announce the incredible achievements of our students in the Taekwondo Zonal Competition!



Sports Accomplishments





CONGRATULATIONS

Shravya of Grade II for securing Third Position in the Delhi State Badminton Championship at Thyagaraj Sports Complex, INA Colony! Your talent and dedication have brought great pride to our school.



CONGRATULATIONS

Our students showcased outstanding skills and teamwork at the Inter-School Basketball Competition held at St. Angel School, securing an impressive Third Position!



CONGRATULATIONS

Charvi Mehta of Grade XI, Kaitlynn Rana of Grade VIII, and Parth Mehta of Grade V achieved remarkable success at the ASN Archery and Shooting Tournament. Charvi secured 1st position in the U17 Shooting Girls category, Kaitlynn won 3rd position in the U14 Shooting Girls category, and Parth earned 2nd position in the U12 Shooting Boys category.



CONGRATULATIONS

Shravya of Grade II. She participated in the SSRC Shuttlers Biggest Badminton Championship, competing in both the Under 9 and Under 11 categories. Shravya won 1st Position in Under 9 Girls Singles and 3rd Position in Under 11 Girls Singles organized by Bosco Public School.



CONGRATULATIONS

Our outstanding students for securing the 1st Position in Mersmerizing Yoga event organised by D.A.V Pushpanjali



CONGRATULATIONS

Shravya for securing the third position in the RC Shutterler Open Badminton Championship on July 20, 2024, at MCL Saraswati Bal Mandir!





CONGRATULATIONS

Our students for their outstanding performances and multiple positions in the Inter School Skating Championship, organized by Bharat Sports Management under the theme 'Skate for Viksit Bharat.



CONGRATULATIONS

Our students for their remarkable achievements and multiple positions in the Open Delhi State Taekwondo Championship, organized by the Central District Taekwondo Association at Kant Darshan Public School

Inter-School Accomplishments



CONGRATULATIONS



**Ms. Yashika Wadhwa
Mentor**

Our students bagged third position in the Interschool Nukkad - Natak Competition held at VSPK International School



CONGRATULATIONS



**Mr. Abhay
Mentor**

Our students bagged the Consolation prize in the Interschool competition of Poster making on Green Solutions for Climate Change at Maharaja Agrasen Model School!



CONGRATULATIONS



**Ms. Suman
Mentor**

Our student bagged the third position in the Interschool competition Eco-Warriors: Acting for a Greener Tomorrow at Maharaja Agrasen Model School!



CONGRATULATIONS



**Ms. Deepa
Mentor**

Our student bagged the Second position in the Interschool Hindi Bhashan Competition held at VSPK International School



CONGRATULATIONS



**Ms. Dibhya
Mentor**

Our student bagged the first position in the Interschool competition Eco Math Sports Quest held at Maharaja Agrasen Model School!



CONGRATULATIONS



**Ms. Komal
Mentor**

Our student bagged First position in an Interschool Event- 'Mythological Met-Gala' held at Brilliant Convent School



CONGRATULATIONS



**Ms. Sonali
Mentor**

Our student bagged Third position in an Interschool Event - 'Tribal Couture Showcase' held at Brilliant Convent School.



CONGRATULATIONS

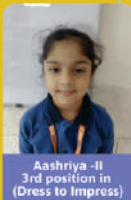


**Ms. Satarupa
Mentor**

Our champion for securing position in the Interschool competition organised by Jagannath International School.



CONGRATULATIONS



**Ms. Sucharita
Mentor**

Our champion for securing position in the Interschool competition organised by Jagannath International School.



CONGRATULATIONS



**Ms. Rhea
Mentor**

Our champion has secured second position in interschool event- "Rap Riot" organised by Laurel High School



CONGRATULATIONS



**Ms. Gayatri
Mentor**

Our students bagged third position in the Interschool Graffiti Vision Competition held at VSPK International School

Inter-House Achievements



MRG **CONGRATULATIONS**
Inter - House Competition
हिंदी कविता वाचन

1ST **2ND** **3RD**

Jyana Bansal
Grade - I A
Excellence House

Nityant
Grade - I A
Courage House

Prisha
Grade - I C
Empathy House

MRG **CONGRATULATIONS**
Inter - House Competition
हिंदी कविता वाचन

1ST **2ND** **3RD**

Shaina Gupta
Grade - II D
Courage House

Shravya
Grade - II A
Courage House

Rehanshi Garg
Grade - II B
Integrity House

MRG **CONGRATULATIONS**
Inter - House Yoga
Competition (III - V)

1ST Courage House **2ND** Integrity House
3RD Excellence House

MRG **CONGRATULATIONS**
Inter - House Basketball
Competition (IX-XII)

Courage House rises above the rest, claiming victory in the Inter-House Basketball Championship among students from grades IX to XIII! A powerful showcase of skill, unity, and unbreakable spirit.

MRG **CONGRATULATIONS**
Inter - House Competition (III-V)
चित्रित नारा लेखन

1ST **2ND** **3RD**

Hridaan Sharma
Grade - IV D
Excellence House

Kiana Goel
Grade - III A
Excellence House

Bhavya
Grade - IV D
Integrity House

MRG **CONGRATULATIONS**
Inter - House Competition (VI-VIII)
रंगों और रचनाओं का बंधनवार उत्सव

1ST **2ND**

Devank Mittal
Grade - VIII A
Integrity House

Elina
Grade - VI B
Empathy House

Ojas Sharma
Grade - VI A
Empathy House

MRG **CONGRATULATIONS**
Inter - House Competition (II)
Creating Wonderful Photo Frame

1ST **2ND** **3RD**

Sanvi Aggarwal
Grade- II A
Empathy House

Kohana Garg
Grade- II C
Courage House

Mahi Maggo
Grade- II A
Integrity House

MRG **CONGRATULATIONS**
Inter - House Competition (I)
Creating Wonderful Photo Frame

1ST **2ND** **3RD**

Jyana Bansal
Grade- I A
Excellence House

Kusha
Grade- I A
Empathy House

Anaisha aggarwal
Grade- I B
Excellence House



Empowering Voices: Steps Towards Sustainability

As a parent, I truly value the school's dedication to incorporating Sustainable Development Goals and G20 initiatives into education. This year has been enriching for my child, with activities that deepened her understanding of global issues. The waste management assembly and Nukkad Natak effectively highlighted responsible disposal. Projects like 'Best Out of Waste' showcased creativity, while community outreach taught empathy. My child is now conscious about avoiding single-use plastics and has taken an interest in creative reuse. It is heartening to see them take such pride in their role as a young steward of the planet. Thank you for nurturing this global consciousness in Riddhi and her classmates.



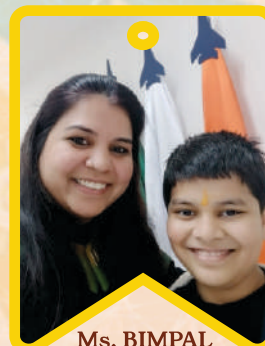
Ms. SUGANDH GARG
MOTHER OF
RIDDHI II D



Ms. SWATI GROVER
MOTHER OF
ABEER GROVER IV D

MRG School has actively championed the Sustainable Development Goals (SDGs) through a range of initiatives. The school promotes environmental conservation by organizing tree-planting events and recycling programs. Additionally, regular health awareness campaigns and charity drives emphasize SDG 3 (Good Health and Well-being) and SDG 1 (No Poverty). These activities have helped my child develop a deeper understanding of the importance of maintaining a healthy lifestyle, both physically and mentally. Moreover, he has developed a better understanding of mental well-being, practicing mindfulness and openly discussing feelings. Through these efforts, MRG School is nurturing responsible global citizens committed to a sustainable future.

It gives me immense pleasure to state that during last year, the school has actively promoted the Sustainable Development Goals (SDGs) through various initiatives. It has organized various campaigns and awareness programs on gender equality and quality education, fostering a sense of responsibility and global citizenship among students. My child now understands, how his actions, no matter how small, can contribute to a better future. This has fostered a sense of responsibility, making children more conscious about conserving resources, reducing waste, and helping those in need. I am thankful to MRG School for not only educating children but also paving the way for building responsible citizens.



Ms. BIMPAL
MOTHER OF
AMAV V D



Ms. KANGANA MITTAL
MOTHER OF
ARSHIA MITTAL VII D

We would like to extend our sincere gratitude to the school for incorporating Sustainable Development Goals so well into the curriculum. The school's efforts in promoting awareness and action are greatly appreciated and inspiring. Through these initiatives students are learning the importance of social equality, economic fairness and environmental issues. Our child now expresses a deeper understanding of the struggles faced by people in different parts of the world. This awareness has made children more compassionate and eager to contribute positively to the society. Kudos to the MRG Team for their relentless support and effort!



Ms. SHALINI TANEJA
MOTHER OF
SHAARAV VIII B

Last year, MRG school embarked on an ambitious journey to promote Sustainable Development Goals (SDGs). Through interactive assemblies focused on Climate Action, Gender Equality and many more, the school raised awareness among students. The climate action activities have nurtured a sense of responsibility towards the planet, and I can see a growing passion for sustainability in his choices. In essence, the SDG goal activities have truly shaped my child's worldview making him proactive in addressing real-world issues. By integrating SDGs into the curriculum, the school aims to foster a community of socially conscious, environmentally responsible global citizens.

As parents, we are thrilled to see our daughter's school faculty embracing the United Nations' Sustainable Development Goals (SDGs). Last year, the school initiated diverse projects, inclusive of attention campaigns on energy conservation and gender equality. These efforts have not only raised consciousness but also encouraged our children to take action. This year, the school is similarly integrating SDGs into its curriculum and sports. We've witnessed our children broaden a sense of world obligation, empathy, and crucial questioning. We are proud to see the school network come collectively to address worldwide demanding situations. By instilling these values, we are confident our youngsters will become accountable, compassionate, and active worldwide citizens.



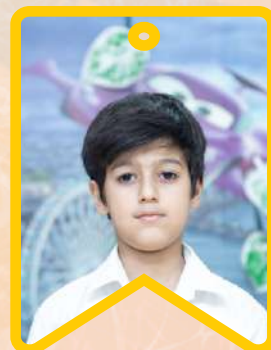
Ms. ANJU KUMARI
MOTHER OF
ABHA VERMA XII C



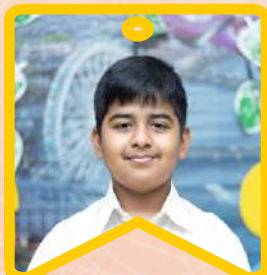
KASHIKA GUPTA
III C

I have personally decided to implement the SDGs in my life by reducing the use of single-use plastics. At home, I encourage my family to use cloth bags and reusable containers instead of plastic ones. I also plan to organize a mini-clean-up drive in my neighborhood to reduce plastic waste. To save energy, I remind my family to switch off lights and fans when not in use, and I help my classmates do the same at school. This way, I can contribute to SDG 12: Responsible Consumption and Production and SDG 7: Affordable and Clean Energy and inspire others to do the same.

To contribute to Sustainable Development Goals in my everyday life, I have started using a small water spray bottle to water the plants at home, ensuring that I conserve water. I also encourage my friends and family to switch to reusable water bottles instead of relying on single-use plastics. Furthermore, I've participated in making glass bottle planters for our school garden, turning discarded glass bottles into colorful, vibrant decorations that enhance our green space. Through these actions, I feel empowered to protect the environment.



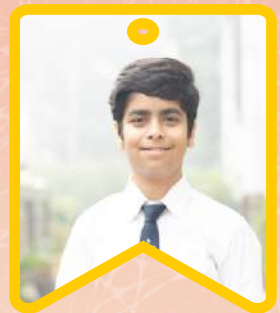
VIVAAN SHOKEEN
IV D



PAARTH GUPTA
VI-C

To support Sustainable Development Goal 2: Zero Hunger, I engage in several practices. I make a conscious effort not to waste food by only taking what I can eat and using leftovers creatively. I also use social media to raise awareness about hunger and malnutrition through informative posts and sharing relevant articles. Additionally, we can support small-scale farmers by purchasing their produce from the local market. In the future, I plan to create a donation program through which our organization can provide these farmers with necessary resources and tools.

I am committed to minimizing my carbon footprint by adopting eco-friendly habits that support Sustainable Development Goal 13: Climate Action. I make sure to switch off appliances when not in use, take bucket baths, and opt for rickshaws for short trips. Using reusable bags and reusing RO water for watering plants are also part of my routine. These simple actions contribute to mitigating global warming and fostering a cleaner, greener future.



SHAARAV TANEJA
VIII B



SANVI KAPOOR
IX C

As part of my commitment to Sustainable Development Goal 12: Responsible Consumption and Production, I strive to be a conscientious consumer and producer. To support this goal, I focus on being mindful of the products I use and staying informed about my consumer rights. I carefully evaluate the safety and quality of items before purchasing. By choosing environmentally friendly and ethically sourced products, I not only safeguard my health but also champion sustainable practices.

The vibrant classroom boards with captivating posters and insightful messages on the SDG Goals have become a great source of inspiration for me. SDG Goal 7, which focuses on affordable and clean energy, has influenced me the most. It has encouraged me to take an active role in promoting eco-friendly sources of energy.

I have started traveling in electric vehicles and have encouraged my relatives to adopt them as well. I believe that our combined efforts, even through small steps, will contribute to a greater transformation for a better and cleaner future.



VEDANT GOYAL
X-C



SHAURYA GARG
XI-B

Zero Hunger, the second Sustainable Development Goal (SDG), aims to eradicate hunger and promote food security. To support this vital cause, we launched a food distribution program in my community, collaborating with local vendors to collect surplus food and deliver it to families in need. We implemented strict hygiene measures and quality checks to ensure safe handling. This initiative not only provided immediate relief but also contributed in reducing food insecurity, advancing the long-term objectives of Zero Hunger.

On the occasion of my birthday, I have made it a tradition to plant a tree, a practice that my parents wholeheartedly support. This initiative not only celebrates my special day but also contributes to promoting the Sustainable Development Goals (SDGs), which are vital for creating a sustainable society. Additionally, I have applied these principles in my classroom by using waste materials to decorate the class board, creating a border pattern that embodies the concepts of Reuse, Reduce, and Recycle.



ABHA VERMA
XII C



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